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Textbook Of Clinical Nutrition And Functional Medicine, Vol. 2: Protocols For Common Inflammatory Disorders (Inflammation Mastery & Functional Inflammalogy)



Synopsis

Refinements/edits made on 20 Apr 2016: This work is the culmination of several thousand research publications combined with Dr Vasquez's many years of clinical experience and teaching graduate/doctorate-level students and clinicians worldwide. With radiographs, photos, acronyms, illustrations, flowcharts, and detailed-yet-simplifying explanations, Dr Vasquez makes it easier than ever for clinicians to grasp important concepts in integrative care and functional medicine and then translate the basic science and molecular biology into treatment plans that can be explained and used in "the real world" of clinical practice. Contents of Volume 2 (also published as Chapter 5 in "Inflammation Mastery, 4th Ed"): 1) Hypertension...727, 2) Diabetes Mellitus...819, 3) Migraine & Headaches...863, 4) Fibromyalgia...901, 5) Allergic Inflammation...984, 6) Rheumatoid Arthritis...1019, 7) Psoriasis & Psoriatic Arthritis...1038, 8) Systemic Lupus Erythematosus...1053, 9) Scleroderma & Systemic Sclerosis...1074, 10) Vasculitic Diseases...1094, 11) Spondyloarthropathies & Reactive Arthritis...1108, 12) SjOgren Disease...1119, 13) Raynaud's Disorder...1127, 14) Clinical Notes on BehCet's Disease, Sarcoidosis, Dermatomyositis & Polymyositis...1131. This excerpt / second volume is written for clinicians already conversant in Chapter 1) Patient assessment, laboratory interpretation, risk management, hypothyroidism, hemochromatosis, Chapter 2) Wellness, Personalized Lifestyle Medicine, Chapter 3) Integrative pain management using nutrition, botanicals, and manipulative medicine, Chapter 4) Functional Inflammation Protocol: Diet, Polydysbiosis/Infections, Viral infections, Nutritional immunomodulation, Mitochondrial dysfunction, mTOR, ERS-UPR, Orthoendocrinology, Xenobiotic detoxification. The associated video tutorials and recorded live conference presentations further help students and clinicians "get it" via Dr Vasquez's effective teaching style which embraces complexity while always emphasizing clinical applicability and psychosocial context. The Inflammation Mastery & Functional Inflammation series of books and videos translates important concepts and nutritional/biomedical science into easy and practical clinical applications for the prevention and treatment of disorders of sustained inflammation, which Dr Vasquez describes as "patterns of metabolic disturbance and inflammatory dysfunction" existing in three sequential and overlapping categories: 1) metabolic inflammation, 2) allergic inflammation, 3) autoimmune inflammation. This book includes access to video presentations which introduce the origin and components of the Functional Inflammation Protocol and FINDSEX(r) acronym. Post-publication updates to this information and important social and clinical contextualization are made available in videos and online repositories (access provided in the book), and the e-newsletter available from ICHNFM.ORG.

Book Information

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Customer Reviews

"Alex is the master of painful conditions and metabolic treatments." Public comment by an award-winning neurosurgeon and functional medicine practitioner, 2016 "I love this course and your approach to the material. I am learning so much. Each article you assigned was strategically chosen and offered support and insight. I was pleasantly surprised by the exam and thought it was very fair. ... Thank you for sharing your knowledge and experience with us!" Doctorate Student under Dr Vasquez, 2016 "I appreciate the lecture yesterday and I am truly fascinated by your topic and your vast knowledge. ... I for one feel having people like you on our faculty can only strengthen the credibility of our school. ... I appreciate your education, knowledge and clearly you are the authority in your field. I have listened to all your lectures on YouTube - fantastic!" University Faculty and Doctorate Student under Dr Vasquez, 2016 "I want to personally thank you for your expertise and books on...everything. I'm in my last year at SCNM (taking rheumatology right now) and I truly admire your research and ability to compile valuable information. Thank you." Naturopathic Medical Student, 2014 "Doc, I really want to thank you for sharing some of the most important-relevant Facebook posts. If we had more doctors, leaders and informed human beings (like yourself) our world would be a better place. Thank you for your commitment to truth and doing the right thing." Doctorate Clinician, 2016 "I love your No BS approach to everything you do. I loved it in 2013 when you hosted the most informative conference I have ever had the opportunity to attend (because I

could afford it at the time thank you). I wish there were more scientists/authors/academics/doctors like you! You are a breath of fresh air among the smell of BS and one can almost "smell" your intolerance to corruption. Please don't ever stop speaking your mind, disseminating information, and rebutting the "experts" because sadly, you're a rare breed." Doctorate Clinician, 2016"

About the author – Dr Alex Vasquez: Dr Alex Vasquez holds three doctoral degrees as a graduate of University of Western States (Doctor of Chiropractic, 1996), Bastyr University (Doctor of Naturopathic Medicine, 1999), and University of North Texas Health Science Center, Texas College of Osteopathic Medicine (Doctor of Osteopathic Medicine, 2010). A Fellow of the American College of Nutrition, Dr Vasquez is the author of many textbooks, including Integrative Orthopedics (2004/2012), Integrative Rheumatology (2006/2014), Musculoskeletal Pain: Expanded Clinical Strategies (published by the Institute for Functional Medicine, 2008), Chiropractic and Naturopathic Mastery of Common Clinical Disorders (2009), Integrative Medicine and Functional Medicine for Chronic Hypertension (2011), Fibromyalgia in a Nutshell (2012), Migraine Headaches, Hypothyroidism, and Fibromyalgia (2012), Mitochondrial Nutrition and Mitochondrial Medicine for Primary Care Conditions (2014), and Dysbiosis in Human Disease (2014), which is also an excerpt from Functional Inflammation / Inflammation Mastery: Volume 1. "DrV" has also written more than 110 letters and articles for professional magazines and medical journals such as British Medical Journal (BMJ), TheLancet.com, Annals of Pharmacotherapy, Journal of Clinical Endocrinology and Metabolism, Journal of the American Medical Association (JAMA), Alternative Therapies in Health and Medicine, Journal of the American Osteopathic Association (JAOA), Nutritional Perspectives, Journal of Manipulative and Physiological Therapeutics (JMPT), Current Allergy and Asthma Reports, Integrative Medicine, Nature Reviews Rheumatology, and Arthritis & Rheumatism, the Official Journal of the American College of Rheumatology. Dr Vasquez has lectured worldwide to healthcare professionals and provides expert consultations to physicians and patients internationally. All of DrV's books are available on .com with videos at Vimeo.com/DrVasquez and audio recordings of lectures at iTunes. --This text refers to an alternate Paperback edition.

Great book

A must have book!

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